



Coastside Community Church

Sermon Questions

“Work & Rest

Genesis 3:17-19, 2:2-3,15

1. How did the Fall impact work (Genesis 3:17-19)? How have you seen this play out in your work experience?
2. What does Genesis 2:2 tell us about the rhythm of work and rest that God models for us?
3. What is significant about the fact that God is a worker? (see also John 5:17 & Psalm 104:10-15) What is significant about the fact that God designed man to be a worker (Genesis 2:15 & 1:26 & Colossians 3:23-24)? How should these truths impact how we see our work?
4. What does it mean that God blessed the seventh day and made it holy (Genesis 2:3 & Exodus 20:8-11)? What are some practical ways in which you can make the Sabbath holy?
5. Why or how is trust in God at the very core of Sabbath?
6. What are some of the obstacles that keep you from experiencing Sabbath? What are some action steps you will take in order to begin observing Sabbath?